



<p>FED UP WITH HEAVY HOODS <i>Why don't all cars come with hydraulic hood struts?</i> Page 7</p>	<p>OUT OF THE S.A.A.C. <i>End-of-year ramblings and well-wishes from our Senior Writer.</i> Page 4 - 5</p>	<p>THE ANNUAL HOLIDAY LUNCHEON <i>Camaraderie and food cap off a great club year. Starts p. 10 and it keeps going</i></p>	<p>NEW YEAR'S AND MOCHI <i>A Japanese custom that's long been part of Hawai'i's local culture.</i> Page 8</p>
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MELE KALIKIMAKA KA KOU!

2023 was a good year, yeah?
The club got a lot of stuff done.

And now it's the time to end the year with some good cheer and welcome the new year in, hopefully with new parts for our Mustangs! Hauoli la hanau, everyone!



**Ho (ho ho)
brah - apple
crisp?**

Remember the apple crisp served in schools when we were kids? Yeah, here it is. Page 9 to make some for the new year!

ALOHA KAKOU

TERRENCE IWAMOTO, PRESIDENT



Celebrating the Past Year and Welcoming 2024 with Exciting Events!

Aloha AMSCH Ohana,

As we reflect on the remarkable year that's coming to a close, we're overwhelmed with gratitude for the incredible support and camaraderie you've brought to our club. This year has been an exhilarating journey filled with unforgettable moments, heartfelt support, and meaningful collaborations that have defined our club's spirit.

Your incredible dedication and enthusiasm were the driving forces behind the success of our numerous events. From the jubilant celebrations marking Shriners Hospital for Children's 100th

Anniversary to the joyous Trunk or Treat event that brought smiles to hundreds of children, your unwavering support has made a lasting impact on our community.

We extend our heartfelt appreciation to the members of the 808Coyotes Car Club for their invaluable collaboration in several of our events. Together, our joint efforts have amplified the enjoyment and success of our gatherings, showcasing the power of unity among car enthusiasts.

Moreover, we are thrilled to announce our exciting plans for the upcoming year. AMSCH will be joining forces with the Corvette Club of Hawai'i for collaborative events. This collaboration signifies our commitment to fostering relationships across car clubs, nurturing camaraderie, and fostering goodwill within our community. It's a chance for us to make new friends, celebrate our shared passion for cars, and continue supporting meaningful causes together.

Our commitment remains steadfast—to build bridges, create lasting friendships, and make a positive difference in our community. Together, we'll embark on new adventures, strengthen bonds, and create more impactful moments in the coming year.

And speaking of new adventures, mark your calendars for our first event celebrating the New Year 2024! Join us for our annual

Sunrise club gathering on January 14, 2024. Event details will be emailed to all club members as we get closer to the event. It promises to be a memorable occasion filled with camaraderie and the spirit of new beginnings.

As we prepare to welcome the new year, let us extend warm wishes for a Merry Christmas filled with love, laughter, and cherished moments. May the spirit of the season bring joy to your hearts and homes, and may the New Year be adorned with exciting cruising adventures, good health, and prosperity.

Thank you for being the driving force behind AMSCH. Here's to a spectacular year ahead, filled with friendship, support, and thrilling journeys together!



Merry Christmas & Happy New Year.

Terrence Iwamoto, President
Aloha Mustang and Shelby Club of Hawai'i

JOIN MCA

P 03



JOIN THE MCA!

GET ALL THE MUSTANG CLUB OF AMERICA HAS TO OFFER!

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ALL MEMBERSHIPS INCLUDE: ACCESS TO DRIVING AND CRUISING EVENTS, A WINDSHIELD DECAL, SOURCES TO TECHNICAL INFO AND PARTS, ACCESS TO MEMBERS ONLY SECTION OF MUSTANG.ORG, FREE CLASSIFIED ADS IN MUSTANG TIMES AND ONLINE, AND DISCOUNT OFFERS FROM VENDORS ON PARTS AND MERCHANDISE.

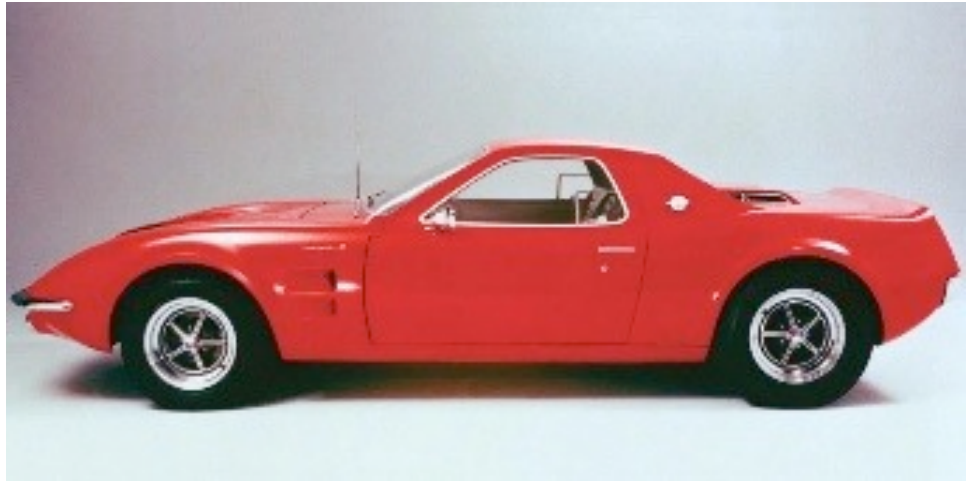
JOIN AT **MUSTANG.ORG** | OR CALL **850-438-0626**

OUT OF THE S.A.A.C.*

DON JOHNSTON



(* pronounced "sack")



SAAC members, you should have received your 2023 "Shelby American" Annual, which is a printed compilation of the digital quarterly issues for this year. There is so much to look, read and enjoy. There are reviews of the past SAAC convention, stories about Shelby American employees, members classic Cobras, GT40 and Shelby

Mustangs and regional cruises and shows.

There are stories about special edition Fords, such as whatever happened to the Ford Mach 2 prototype mid-engine sports car. The car was designed at the time of the GT program as a replacement for the Cobra. Ford built two prototypes, a competition model and street version. The competition car went to the crusher but where the street version ended up is still unknown.

My Christmas tree decorations always include the Carroll Shelby

Foundation annual Christmas ornaments. The 2023 ornament edition celebrates Shelby's centennial.



OUT OF THE S.A.A.C. CON'T



These were given annually to SAAC members and to those who attended the SAAC Conventions. The dash plaques were stopped eventually. We even had ones made for a couple special AMSCH events.

See ya...

For the few of you that still enjoy the daily Honolulu Star Advertiser and do challenges on the puzzle page, you may have noticed the Jumble that paid tribute to my favorite car.

While going through stashed boxes overfilled desk drawers, I discovered my collection of brass dash plaques.

And so, another fun and busy year ends. Carol and I extend wishes to everyone for a wonderful Christmas season and for a wonderful and safe New Year. //

Don Johnston is the SAAC Hawai'i representative and a longtime member of AMSCH, since 1984. His current ponies are a 1966 and 2011 GT350's.

JOIN SAAC

P 06



(The following copy is reprinted off saac.com 'About Us' section)

The Shelby American Automobile Club was founded in 1975. It presently has approximately 4,000 members in the U.S. and another 500 around the rest of the world.

When it comes to Cobras and Shelby Mustangs, if we don't know it, it's probably not worth knowing. While SAAC has continually evolved over the past 34 years, its basic reason for existence has not changed since that very first day. The club is dedicated to the preservation, care, history and enjoyment of the World Championship Cars built or inspired by Shelby American.

For most of us, SAAC is more than just a loose organization of owners and enthusiasts who enjoy cars produced and sold by the same manufacturer. The club is part family, part hobby, part historical archive and part refuge from the pressures of the day-to-

day world. These cars provide the opportunity to lose yourself in the past, when high performance, horsepower and speed were unquestioned virtues. They came from a time before the suffocating blanket of government over-regulation, when bragging about zero-to-sixty times and top speeds were the coin of the realm. They start out as simple automotive diversions but quickly become a part of your life. Join us and find out what makes these cars so special.

SAAC has hosted a national convention each summer since 1976. For three days this gathering becomes the center of the universe for these cars and those who own and/or enjoy them. Attendance is between 1000 and 5000



enthusiasts, families and friends. The event is open to the public and is held at a major league race track. In the past, SAAC conventions have been held at Watkins Glen, Laguna Seca Raceway, Mid-Ohio Raceway, Charlotte Motor Speedway, Sears Point International Raceway, Ontario Motor Speedway, Portland International Raceway, Pocono International Raceway, Indianapolis

Raceway Park, Atlanta Motor Speedway, Lime Rock Park, Road America, Michigan International Speedway, California Speedway, Nashville Motorspeedway, Virginia



International Raceway, Miller Motorsports Park and New Jersey Motorsports Park. Convention events traditionally include car shows, high speed open track running, vintage racing, parts swap, technical seminars and evening programs featuring guest speakers who are well known in the motorsports world or who were influential in Shelby American history.

Please feel free to visit our club website (www.saac.com) or meet and chat with members and enthusiasts at our discussion forum (www.saacforum.com).

If you like what you see, and if Cobras, Shelby Mustangs and Ford GT40s hold a special place in your heart, join us today. Ownership is not a requirement - just enthusiasm. Join us today.

For more information, contact Don Johnston, SAAC Rep. duck@hawaiiintel.net

WEEKEND TECH

BOB KONG

Installing Hood Struts on Car #2

Eh, that's not one Mustang you're working on?!

No, it's my other car. Just in case my Mustang breaks down, I have a 2017 Honda Civic Sport, 180 hp, turbo - small kine hp but saves gas, 30 mpg.

I Installed a hood lift on my 2011 Mustang and it was an easy Install. So, I said to myself why don't I put a hood lift on my Honda Civic??

I looked up Amazon again for a Honda Civic hood lift. After a couple of hours on the Amazon website I found one. This was the same set up like my Mustang hood lift. No drilling needed and use the same holes. There are several brands for lifts but I chose the brand that had 4 1/2 stars. Be careful to choose the right Civic model years.

You can install it by yourself but the hood prop has to be lifted while you Install the lifts. You need a buddy to hold it up for you. So I called my same buddy who helped me install my Mustang's lifts. He said the second time is a charm. The directions said install would take 15 minutes. Everything was provided in the kit: hood lifts, screws and brackets. All I needed was an open end wrench or socket wrench.

There were different styles to choose from: Black (\$39) and Carbon Fiber \$55. Carbon Fiber came in blue/black, orange, purple and red. I chose red because the critiques had a red carbon fiber example. I'm a copycat.

I called my buddy and read the directions. It says work on the passenger side first. But when we



read the directions it was for the drivers side. I rushed over to the Amazon hood lift critiques and found a picture of the passenger side set up. Whew. Saved by the bell. We set up the passenger side as what we saw in the picture. Old saying, "A picture is worth a 1000 words." It was right. We followed the directions for the driver's side and was done 15 minutes. Wow, we did exactly the time limit.

We tried it once by just slamming it down and it worked. My Mustang hood lift stops at the bottom and you have slam it down again - maybe the Hondas have a different body structure?

Now, I have two cars that I don't have to use the hood prop. It was well worth it especially my red carbon fiber hood lift. //

Bob Kong serves on the board of AMSCH. His pony is a 2011 V6 in Performance White.

CULTURE

P 08

As this year comes to a close, people worldwide will soon welcome the new year with spectacular firework shows and glasses of Champagne.

In Hawai'i, we celebrate with popping firecrackers (to ward off evil spirits), eating noodles (which symbolize longevity), cleaning our homes (so you don't carry your old life into the new year) and, for some local families, pounding mochi.

Mochi is a Japanese rice cake made of mochigome, glutinous rice, pounded into a paste. Originally used as an offering during religious ceremonies in centuries past, mochi has been enjoyed as a New Year's treat since Japan's Heian Period (794-1185).

The pocket-sized treat came to Hawai'i in the mid-1800's through Japanese plantation workers, who carried on the traditional mochi-making ceremony, called mochitsuki, during New Year's. In mochitsuki, mochigome is cooked and pounded in a wooden or stone mortar called usu, until it is smooth and chewy, and then molded into various shapes by hand.



Kagami mochi, a Japanese (and Hawai'i) custom during New Year's.

Mochitsuki is a laborious undertaking, requiring the help of friends and family to make the process run smoothly. Many families and Japanese confectioneries in Hawai'i continue the tradition of mochitsuki in their homes and businesses, although many opt to use a microwave recipe to save on time and clean up.

Once the mochi is done, it can be prepared in a myriad of ways: for instance, plain, sprinkled with kinako (soybean flour), pan-fried with soy sauce and sugar, or in ozoni, New Year's soup. The ingredients in ozoni, which mainly consist of mochi, dashi (soup stock) and

vegetables, represent well wishes for the New Year: good fortune, peace, happiness and last but not least, a long life, represented by the stretchiness of the mochi.

The mochi that's made for New Year's celebrations is always white and shaped into disks. Kagami mochi (mirror mochi) is an offering to the gods comprised of two mochi cakes stacked on top of each other with a Japanese orange—its leaf still attached—on top. This stack is typically placed on the family altar in Japanese homes or somewhere in the house to bring good fortune in the coming year. //

PARTNERS AND AFFILIATES

P 09

AMSCH is an OMF Foundation Partner

Aloha Mustang and Shelby Club of Hawai'i (AMSCH) and Team Shelby Hawai'i are Foundation Partners with Ohana Motorsports Foundation (OMF). As a Foundation partner, we are allowed:

- opportunity to speak and present information at each event
- logo and club name mentioned in all event announcements and on flyers
- logo and club name tagged in all social media page announcements
- opportunity to have club name on trophies/awards and to present such awards
- club name mentioned during presentation of prizes/giveaways

OMF provides (12) reserved parking stalls for our members at their monthly Cars and Coffee event. Registration is required, and any additional will be placed on waiting list. Show off your ride and support AMSCH, Team Shelby Hawai'i, and OMF. //

Contact Vincent Hiu to reserve a stall.
vhiu808@gmail.com



Learn car control, develop driving skills & have FUN!

Solo Event Dates (all Sundays)

2024 Race Dates

02/04/24 (Race #1)	02/11/24 (Race #2)
02/25/24 (Race #3)	03/10/24 (Race #4)
03/31/24 (Race #5)	

Remaining race dates are TBD for August & September 2024

For registration & other information, go to
www.SCCA Hawaii.org

All dates subject to change

Join the fun at SCCA! Contact Chris DeBone at 808-352-7828 if you need help getting started.



Club detail special is offered at the Kapolei location only.

\$40 Detail Special for Club Members Only

Street Shine Hawai'i offers a \$40 detail special for AMSCH club members, which includes a wash, light wax, vacuum, tires and wheels cleaned, and wipe down of the interior (seats, dash, console).

This deal is only good when appointment is made through Nate (Street Shine Hawai'i owner). Please call 808-590-1145. Street Shine Hawai'i offers additional services at extra cost. //

Street Shine Hawai'i, 91-362 Komohana Pl Bldg #2, Unit #106, Kapolei. www.streetshinehawaii.com

PA'INA!

P 10

3 Dec 2023 Club Holiday Luncheon, Outback Steakhouse, Waipio Gentry, O'ahu

The gang closed the year with some good food and good company.

Photos: Maricar Sulquiano



PA'INA! CON'T

P 11



PA'INA! CON'T

P 12



PA'INA! CON'T



JOIN TEAM SHELBY

P 14



- Member Kit/Membership Card/In-store merchandise discounts
- 1 online discount (up to \$100 off)
- Inclusion in Team Shelby “pre-sale” items (email distribution)
- Access to Shelby news, & Partner discounts. i.e. Ford Performance Driving School, etc.
- Access to VIP events.

Current event listing, go to:

<https://www.shelby.com/teamshelby/en-us/Events>

ABOUT TEAM SHELBY

Team Shelby was founded in 2008 by Carroll Shelby to give people an opportunity to enjoy their cars with fellow enthusiasts. Many of the club's activities support charities and non-profit organizations.

Ownership of a Shelby vehicle is not required, only a passion for the brand and lifestyle. With chapters worldwide, the factory sanctioned club provides benefits including exclusive access to “Members Only” areas of the club website (www.teamshelby.com), official Team Shelby Membership Kit, invitations to special events and monthly discounts on Shelby products.

This is what you'll get:

- Full Membership / Full Forum Access / Event Access

[Shelby American News, go to: https://www.shelby.com/multimedia/News](https://www.shelby.com/multimedia/News)



LAST WORD

P 15

Small-kid Time Apple Crisp for da New Year

5 cups - fresh apples (sliced)
 1/2 cup - granulated white sugar
 1 teaspoon - cinnamon
 1 teaspoon - vanilla extract
 1/2 cup - all-purpose flour
 1/3 cup - old fashioned oats
 2/3 cup - Brown Sugar (da C&H packed kine)
 1/4 teaspoon - salt
 1/4 cup - butter (melted) NOT MARGARINE!
 Preheat oven to 350°F.

In a large bowl, mix together sliced apples, granulated white sugar, cinnamon, and vanilla extract. Pour mixture into a 9x13 inch baking dish.

In a separate bowl, mix together flour, oats, brown sugar, salt, and melted butter until crumbly. Sprinkle mixture over the apples. Then, bake for 40-45 minutes, or until the topping is golden brown and the apples are tender.

Enjoy da apple crisp!



**Don't Forget to
Renew your
Membership!**

- *Still \$30 for a year's membership!*
- *Go to: www.alohamustang.org
to renew*



Holiday Thoughts from the Ed.

Hey, aloha gang, Editor here. I'm broke, so I can only afford to give a big mahalo nui for all the help I've seen given by our club not just to the community, and not just to charity, but to each other - whether it was a jump-start or replacing an entire engine, or even more intimate things like just lending a supportive ear not just about our busted cars, but even our personal lives - it's good to have someone who will listen to us vent and not judge. I am humbled and happy to be part of this ka'a ohana. Mele Kalikimaka and hauoli makahiki hou. Mahalo for backing the newsletter! // LLM

ALOHA '0E 2023



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ponyexpressaloha@gmail.com

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- Cory Fitch, Vice-President
- Larry L Medina, Secretary
- Adrien Jacob, Treasurer

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- Vincent Hiu, at-large
- Les Hirano, at-large
- Buzz Willauer, at-large
- Bob Kong, at-large
- Edelle Palisbo, at-large
- Owen Sonoda, at-large,
Instagram Administrator

Meet These Folks, Too

- Harry Zisko, Webmaster
- Aaron Joyce, Events Postings
- Randy Medina, Parades
- Don Johnston,
SAAC Representative
- Darryn Dela Vega,
Team Shelby Hawai'i
Regional Director

Still Looking For:

- Sunshine Coordinator
- New Webmaster (ask Harry -
harryz@pobox.com)

Help Wanted

Aloha Pony Express is expanding and improving, and contributing writers and photographers are always welcome to add to the newsletter. No writing or photo experience needed.

What Can I Submit?

Upcoming events? Interesting info? Technical write-ups? Letters to the Editor? Other questions? Email ponyexpressaloha@gmail.com or text 808-387-8263 the Editor.

More Legal Stuff

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